



MINURCAT HIV/AIDS UNIT

The importance of Counseling and Voluntary Testing

The goal of counseling and voluntary testing is to:

1. Prevent contamination from HIV-infected people to their partners not yet tested or tested negative as well as from infected mothers to their children.
2. Prevent infection from partners not yet tested or tested HIV positive to people tested HIV negative.
3. Early treatment and use of adequate services:
 - Family Planning, including counseling on choice
 - Assistance to individual, couple or family
 - Better adjustment for future planning
4. People Tested HIV Positive
 - Medical assistance, including ARV therapy, treatment and prevention of opportunistic infections, sexually transmitted diseases and detection of infection and tumors related to HIV.
 - Counseling in terms of good living conditions (nutrition, long-term counseling, questions regarding confidentiality and identification of network providing protection)
 - Social assistance
 - Legal advice

Are you aware of your HIV status?

Would you like to find out?

Please contact the HIV/AIDS Unit or the United Nations Clinic.

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